



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu November 2024



Alternate Cereal, Oatmeal and Yogurt Bar Available for

Breakfast and Lunch Served with variety milk choice

Breakfast				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.</p>		
28	29	30	31	1
Breakfast Boat Fruit Juice, Milk Toasted Cheese Sandwich Tomato Soup Crackers Fresh Fruit and Vegetable Bar Cream Cheese Chocolate Chip Roll Milk	French Toast Sticks Fruit Juice, Milk Orange Chicken w/ Ramen Noodles Egg Roll Roasted California Blend Fresh Fruit and Vegetable Bar Fortune Cookie Milk	Sausage Biscuit Fruit Juice, Milk Chicken Fried Steak Mashed Potatoes & Gravy Black Eyed Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Funnel Cake Strawberries and Cream Juice, Milk Spicy Chicken Sandwich Lettuce, Tomato and Pickle Potato Chips Fresh Fruit and Vegetable Bar Cupcakes Milk	Biscuits and Gravy Fruit Juice, Milk Baked Potato Bar Pulled Pork/Diced Ham Shredded Cheese Garlic Bread Fresh Fruit and Vegetable Bar Milk
Vegetable Beef Soup/Crackers	General Tso/Noodles/Veggies	Chicken Nuggets/ Veggie	Hamburger/Chips	Pizza/Salad
4	5	6	7	8
Sausage, Egg & Cheese Muffin Fruit Juice, Milk Broccoli and Cheese Soup Ham and Cheese Sliders Fresh Fruit and Vegetable Bar Cookie Milk	Pancake on a Stick Fruit Juice, Milk Walking Tacos Chips, Cheese and Meat Pinto Beans Rainbow Salsa Fresh Fruit and Vegetable Bar Milk	Breakfast Pizza Fruit Juice, Milk Roasted Chicken Mashed Potatoes & Gravy Glazed Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Biscuits and Gravy Fruit Juice, Milk Meatball Sub Sandwich Shredded Cheese Spinach Salad Fresh Fruit and Vegetable Bar Ice Cream	
Mr. Ribb Sandwich/Corn Chips	Chicken Fajitas/Rice	Chicken Nuggets/ Veggie	Hamburger/FF	
11	12	13	14	15
Smoothie and Toast Fruit Juice, Milk Chicken Tortilla Soup Tortilla Chips & Salsa Shredded Cheese/Crackers Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Fruit Juice, Milk Chili Crispito w/ Cheese Sauce Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Sausage Biscuit Fruit Juice, Milk Chicken Nuggets Mashed Potatoes & Gravy Sweet Corn WG Hot Roll Fresh Fruit and Vegetable Bar Milk	High School Griddle Fruit Juice, Milk Hot Honey Chicken Croissant Potato Wedges Fresh Fruit and Vegetable Bar Milk	Biscuits and Gravy Fruit Juice, Milk Pulled Pork BBQ Sandwich Pickle Spears Baked Beans Corn Chips Fresh Fruit and Vegetable Bar Milk
Ham and Cheese Grab n Go	Chicken Crispito/Veggie	SAME	Hamburger/FF	Pizza/Salad
18	19	20	21	22
Sausage, Egg and Cheese Biscuit Fruit Juice, Milk Corn Dog Steamed Broccoli Cheese Sauce Fresh Fruit and Vegetable Bar Milk	Pancake on a Stick Fruit Juice, Milk Burrito Chips and Salsa Refried Beans Fresh Fruit and Vegetable Bar Milk	Breakfast Pizza Fruit Juice, Milk Thanksgiving Dinner 	Donuts Fruit Juice, Milk Cheeseburger Lettuce, Tomato and Pickles Sidewinders Fresh Fruit and Vegetable Bar Milk	Biscuits and Gravy Fruit Juice, Milk Stuffed Crust Pizza Baby Carrots and Celery Ranch Dip Apples and Caramel Juice Milk
SAME	SAME	SAME	Hamburger/FF	Pizza/Salad

*****THANKSGIVING BREAK November 25th - November 29th*****

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.